

# MAKING YOUR GRIEF COUNT

## **Porter Loring Family Care Services—Young Women’s Group (for those 25-60 years of age who have lost a husband)**

2119 Mannix Drive

San Antonio, TX 78217

**Times:** 11:30am-1:00pm

**Dates:** Tuesdays, May 17, 31, June 7, 21,  
July 19, August 2, 16, 30, 2022\*

**Contact:** Celeste Miller, (210) 227-8221

**Facilitator:** Celeste Miller, MA, LPC,  
Bereavement Coordinator

## **Brookhill Baptist Church**

631 Utopia Lane

San Antonio, TX 78223

**Times:** 4:30pm-6:00pm

**Dates:** Wednesdays, July 13, 20, 27  
August 3, 10, 17, 24, 31, 2022\*

**Contact:** Dawn Frieda, (210) 333-4947

**Facilitator:** Celeste Miller, MA, LPC,  
Bereavement Coordinator

## **The Pride Center San Antonio-LGBTQ+ Group**

1303 McCullough Avenue, Suite 160

San Antonio, TX 78212

**Times:** 6:30pm-8:00pm

**Dates:** Thursdays, July 7, 14, 21, 28,  
August 4, 11, 18, 25, 2022\*

**Contact:** Darwin Huartson, (210) 227-8221

**Facilitator:** Darwin Huartson, M.Div., BCC,  
Community Chaplain

## **Abode Contemplative Care**

8619 Post Oak Lane

San Antonio, TX 78217

**Times:** 11:30am-1:00pm

**Dates:** Wednesdays, July 20, 27,  
August 3, 10, 18, 24, 31, September 7, 2022\*

**Contact:** Mary Thorsby, (210) 967-8921  
or [Mary@abodehome.org](mailto:Mary@abodehome.org)

**Facilitator:** Darwin Huartson, M.Div., BCC,  
Community Chaplain

## BEREAVEMENT SUPPORT GROUPS

Our support groups are open to anyone in the community who is struggling with the loss of a loved one.

This program is designed to create a safe place to:

- Embrace your grief and learn to bear it
- Discover how your loved one can live on into your life story
- Strengthen your characteristics of resilience
- Plan for how you will continue to heal and live a meaningful life

\*Attending all sessions is most beneficial, therefore no new participants are accepted after the second session

To learn more about our programs, please call Celeste Miller or Darwin Huartson at (210) 227-8221



**PORTER LORING**  
Mortuaries & Cremation Services