

# MAKING YOUR GRIEF COUNT

## **Emanuel's Lutheran Church**

206 North Travis Street  
Seguin, TX 78155

**Times:** 3:00pm-5:00pm

**Dates:** Sundays, January 16, 23, 30,  
February 6, 13, 20, 27, & March 6, 2022\*

**Contact:** Donna Simmons, (830) 556-3542

**Facilitator:** Darwin Huartson, M.Div., BCC,  
Community Chaplain

## **Porter Loring Family Care Services—Young Women's Group (for those 25-60 years of age who have lost a husband)**

2119 Mannix Drive  
San Antonio, TX 78217

**Times:** 11:30am-1:00pm

**Dates:** Tuesdays, January 18, February 1, 15,  
March 1, 15, 29, & April 5, 19, 2022\*

**Contact:** Celeste Miller, (210) 227-8221

**Facilitator:** Celeste Miller, MA, LPC,  
Bereavement Coordinator

## **Christ Episcopal Church**

501 Belknap Place  
San Antonio, TX 78212

**Times:** 2:30pm-4:00pm

**Dates:** Wednesdays, January 19, 26,  
February 2, 9, 16, 23, & March 9, 16, 2022\*

**Contact:** Karen Von Der Bruegge, (210) 736-3132

**Facilitator:** Celeste Miller, MA, LPC,  
Bereavement Coordinator

## **BEREAVEMENT SUPPORT GROUPS**

Our support groups are open to anyone in the community who is struggling with the loss of a loved one.

This program is designed to create a safe place to:

- Embrace your grief and learn to bear it
- Discover how your loved one can live on into your life story
- Strengthen your characteristics of resilience
- Plan for how you will continue to heal and live a meaningful life

\*Attending all sessions is most beneficial, therefore no new participants are accepted after the second session.

To learn more about our programs, please call Celeste Miller or Darwin Huartson at (210) 227-8221



**PORTER LORING**  
Mortuaries & Cremation Services